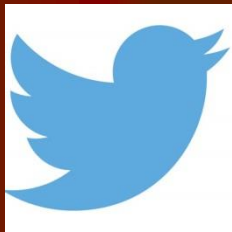


Information Night Series

PSAT and the College Process

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What Colleges Are Looking For

- Transcripts/grades/course selections
- SAT/ACT scores
- Extracurricular activities/sports
- Community service and leadership opportunities
- Letters of recommendation



The Transcript

- Grades 9, 10 and 11 final grades/exams
- Class rank/class size
- Overall weighted GPA
- All Regents Exams
- SAT, ACT and AP Scores are not on your transcript

1157 Route 55 Lagrangeville, NY 12540 845-486-4800		Arlington High School Official Student Transcript - CEEB Code: 334620		School accredited by the Board of Regents of the University of the State of New York	
Name: _____		Student ID: _____		Class Rank: _____	
Gender: _____		DOB: _____		Weighted GPA: _____	
Address: _____		Graduation Date: _____		Credits Earned: 12.50	
Parent: _____		Diploma Type: Regents		Counselor: _____	
Courses					
Arlington High School					
SCHOOLYEAR: 2016-2017 Grade: 9					
Course Title	FE	SE	FA	CR	
ENGLISH 9 R 8	83		87	1.00	06/17 Regents Physical Setting/Earth Science
GLBL HIST 1 R 8	90		79	1.00	06/18 Regents Common Core Examination in Geometry
ALGEBRA 1 8	79		84	1.00	06/18 Regents Living Environment
REG EARTH SCI 8	71		75	1.00	06/18 Transition Regents Examination in Global History and Geography (Grade 10)
MIXED CHORUS 8				93	1.00
BASIC PHOTO 8	84		91	0.50	
9TH GR PE FALL				93	0.25
9TH GR PE SPRING				96	0.25
Abs: 7	Toy: 8	CREDITS: 6.00			
Arlington High School					
SCHOOLYEAR: 2017-2018 Grade: 10					
Course Title	FE	SE	FA	CR	
ENGLISH 10 R 8	94		95	1.00	
GLBL HIST 2 R 8	75		85	1.00	
GEOMETRY 8	71		75	1.00	
REG BIOLOGY 8	89		91	1.00	
MIXED CHORUS 8				96	1.00
JEWELRY 8	100		100	0.50	
FOOD CORE 8	94		92	0.50	
IND ST DANCE FALL				P	0.25
10TH GRADE PE SPRING				96	0.25
Abs: 4	Toy: 11	CREDITS: 6.50			
Arlington High School					
SCHOOLYEAR: 2018-2019 Grade: 11					
Course Title	FE	SE	FA	CR	
AP ENG 11 UN&CM10				-	
US HIST GOV R 8				-	
ALGEBRA 2 8				-	
REG CHEMISTRY 8				-	
MAR BIO TENTACLES TO CLAWS				-	
FORENSIC SCI 8				-	
MIXED CHORUS 8				-	
FOOD AG ART				-	
IND ST DANCE FALL				-	
11TH & 12TH GRADE PE				-	
Abs: 1	Toy: 0	CREDITS: 0.00			
OVERALL CREDITS: 12.50					
State Testing Information					
Date	Exam	Score			
06/17	Regents Common Core Examination in Algebra I	79			
FE = Final Exam SE = State Exam FA = Final Average CR = Credits Earned					
Class Rank: Each course is assigned a factor which appears to the right of the course title. Factors: 10 = AP, 9 = Honors, 8 = Regents/College Prep, 7 = School. The Formula is: GPA = sum of (Grades x Factor x Credit) for each course divided by total credits (excluding Pass/Fail Courses). The average is based on the GPA divided by 8, the Regents/College Prep factor.					
Authorized Signature _____				Date: September 26, 2018	

PSAT/NMSQT



- Helps prepare you for the SAT exam
- Entered in the National Merit Scholarship competition
- Access to *My College Quick Start*
- Receive suggestions on how to improve your score
- October 19 at 7:45 AM at AHS
 - Must register by 10/8

	SAT	ACT
Why Take It	Colleges use SAT scores for admissions and merit-based scholarships.	Colleges use ACT scores for admissions and merit-based scholarships.
Test Structure	<ul style="list-style-type: none"> •Math •Reading •Writing and Language Essay (Optional) 	<ul style="list-style-type: none"> •Math •Reading •English •Science Essay (Optional)
Length	<ul style="list-style-type: none"> •3 hours (without essay) •3 hours, 50 minutes (with essay) 	<ul style="list-style-type: none"> •2 hours, 55 minutes (without essay) •3 hours, 40 minutes (with essay)
Reading	5 reading passages	4 reading passages
Science	None	1 science section testing your critical thinking skills (not your specific science knowledge)

	SAT	ACT
Math	Covers: Arithmetic, Algebra I & II, Geometry, Trigonometry and Data Analysis	Covers: Arithmetic, Algebra I & II, Geometry and Trigonometry
Tools	Some math questions don't allow you to use a calculator.	You can use a calculator on all math questions.
Essays	Optional. The essay will test your comprehension of a source text.	Optional. The essay will test how well you evaluate and analyze complex issues.
How It's Scored	Scored on a scale of 400–1600	Scored on a scale of 1–36

Score Choice SAT's/ACT's



- SAT's and ACT's offer score choice
- Students can choose which scores to send
- Scores are not on AHS transcript
- What is best for you? Talk to your School Counselor.



Recommendations

- The number of letters required for each school varies.
- All students will receive one letter of recommendation from their counselor.
- Additional letter(s) may be written by individuals from school or the community.

Extracurricular Activities/Sports

- Show colleges you are well rounded
- Quality of participation, not quantity
- Remember youth groups and Girl/Boy Scouts
- Sports in the community- not just AHS sports



Community Service

- This will show colleges what is important to you. Find your passion!
- Again remember it is the quality of what you do, not the quantity.





NAVIANCE
Family Connection

Naviance

- Resource available to students- use to research colleges and careers
- Get information on college fairs and in-office visits
- Senior year- all applications processed through Naviance
- <https://connection.naviance.com/arlington>

Email/Social Media

- Check your email for professionalism.
- Colleges and employers check social media!
- Would you want Grandma to see what you are posting?



Pinterest



Twitter



Instagram



Facebook



Google+

Finding the Right College

- Two-year, four-year, vocational school
- Cost
- Location, size
- Majors and minors
- Clubs, organizations, sports programs
- Population type, religious affiliation
- Support services

Number of Colleges to Apply

- Three match schools: GPA and SAT/ACT scores match your scores
- Two safety schools: GPA and SAT/ACT scores are lower than your scores
- One reach school: GPA and SAT/ACT scores are higher than your scores



NCAA Eligibility Center

- If you are interested in playing Division I or Division II sports, you must register.
- Register during junior year at www.eligibilitycenter.org
- Make sure you communicate with your counselor.
- Double-check the classes you are taking to make sure they all count for eligibility.
- Remember to bring the signed release to your counselor. Counselor mails your transcript at end of junior year.

Important Reminders

- PSAT scores will be returned to you in January.
- Register for SAT's/ACT's for May or June.
- Visit colleges!
- College Admissions Night-April 2020
- National Honor Society invitations and applications will be mailed home at the end of your junior year.

The Junior Packet

- The Junior Packet with detailed information about what was covered tonight will be given out at the junior planning meetings.
- Your child's guidance counselor will be in contact with you via a letter mailed home regarding the junior planning meeting.
- The information is on the House of 2021 webpage too.

Thank You!